

September: Dedicated to Our Lady of Sorrows

Throughout Church history, various orders and saints have had a special devotion to Our Lady under this title and as such, have focused their ministries on prayer and penance. September became known as the month of Our Lady of Sorrows because Her feast day of that title had been fittingly appointed for September 15th, the day following The Exaltation of the Holy Cross.

Although The Blessed Virgin endured more interior pain than we can comprehend, the Church has given us seven sorrows on which we can meditate in identification with Our Mother of Sorrows.

Our Lady herself has promised graces to those who honor Her in this way.

The Seven Sorrows are:

1. St. Simeon's Prophecy
2. The Flight into Egypt
3. The Loss of Jesus in the Temple
4. The Meeting of Jesus and Mary on the Way of the Cross
5. The Crucifixion
6. Mary Receives the Body of Jesus taken down from the Cross
7. The Burial of Jesus

To help you honor Our Lady of Sorrows and grow in devotion to her consider praying the Rosary of the Seven Sorrows.

Pamphlets are on table in foyer "The Rosary of the Seven Sorrows"