

June is dedicated to the Most Sacred Heart of Jesus.

The Church dedicates the entire month of June to the Sacred Heart because of the feast that falls within it, and because this devotion touches the deepest longings of the human soul. It reminds us of a truth that is as eternal as it is personal: that God has a heart—and it burns with love for us.

The revelations to St. Margaret Mary Alacoque in the 17th century were for every age—and perhaps especially for our own.

In an age of cold hearts, Christ offers a heart that is warm.

In a world quick to condemn, He offers mercy.

In His revelations to St. Margaret Mary Alacoque, Jesus made **twelve extraordinary promises** to all who would venerate His Sacred Heart.

This June:

- **Begin the First Friday Devotion**, receiving Communion on the first Friday of nine consecutive months.
- **Spend a weekly Holy Hour**, especially on Thursdays, in reparation to His Sacred Heart.
- **Enthroned His image in your home**, making Christ the King of your household.
- **Pray the Litany of the Sacred Heart**, a powerful and poetic way to reflect on the attributes of Jesus' love.
-

Christ is asking, “Will you love Me in return?” The Sacred Heart is still beating, still open, still waiting.

Draw near to Him. Let this be the moment that you entrust your heart to His.