

July 26 Feast Day of St Anne and St. Joachim

We honor the lives of Mary's parents, the earthly grandparents of Jesus.

Information about Saints Anne and Joachim comes from the Gospel of James and Catholic legend.

Saint Anne and Saint Joachim must have been faithful, devoted parents indeed. The patronage of Saint Anne includes grandparents, couples without children, women in labor, and women unable to conceive.

Likewise, Saint Joachim is considered the patron of grandfathers, fathers and grandparents.

St. Anne was barren for much of her life. One day in her advanced years, she conceived Mary, the mother of Jesus.

Saint Anne dedicated the life of her child to the service of God when she was only three—a decision that was formative in the shaping of the future Mother of God.

As we reflect on the legacy of Saints Anne and Joachim,

let us also reflect on the vital role played by all grandparents in completing the loving family unit and nurturing the faith of future generation.

Grandparents can take a vital part in the training of their grandchildren, teaching them to love the ways of the Lord and honor His commandments.

Saints Anne and Joachim cultivated in Mary a love for God, preparing her for her role in the story of divine redemption.

Saint Anne and Saint Joachim **PRAY FOR US**